

Year 2

Mental wellbeing
Basic first aid
Caring for me
Online Safety
Healthy eating
Health and prevention
Physical health and fitness
Families and people who care for me
Respectful relationships
Being safe

Year 3

Online relationships
Being safe
Respectful relationships
Mental wellbeing
Healthy eating
Caring for me
Respectful relationships
Health and prevention
Families and people who care for me
Physical health
Basic first aid

Year 4

Respectful relationships
Online relationships
Being safe
Basic first aid
Caring for me
Families and people who care for me
Mental wellbeing
Physical health and fitness
Healthy eating
Health prevention

Year 1

Being safe
Online relationships
Caring for me
Respectful relationships
Basic first aid
Families and people who care for me
Mental wellbeing
Healthy eating
SRE
Physical health and fitness



Relationship and Sex Education

Year 5

Families and people who care for me
Online relationships
Being safe
Caring for me
Mental wellbeing
Drug, alcohol and tobacco
Respectful relationships
Healthy eating
Health prevention
Basic first aid
Changing adolescent body
Physical health and fitness

EYFS

Families and people who care for me
Caring for me
Respectful relationships
Online safety
Mental wellbeing
Physical health and fitness
Healthy eating
Health and prevention



Year 6

Being safe
Online relationships
Caring for me
Drugs, alcohol and tobacco
Mental wellbeing
Changing adolescent body
Health and prevention