

Year 2

Team Games – Throwing and Catching
Gymnastics
Invasion Games – Rugby
Dance
Athletics
Net & Wall - Tennis
Striking & Fielding - Cricket/Rounders
Athletics

Year 3

Dance
Invasion Games - Hockey
Invasion Games - Rugby
Invasion Games - Netball
Health Related Fitness - Circuits
Invasion Games - Basketball
Net & Wall - Badminton
Athletics
Swimming
Striking & Fielding - Cricket/Rounders

Year 4

Dance
Invasion Games - Hockey
Invasion Games - Rugby
Invasion Games - Netball
Health Related Fitness - Circuits
Invasion Games - Basketball
Net & Wall - Badminton
Athletics
Swimming
Striking & Fielding - Cricket/Rounders

Year 1

Spatial Awareness
Gymnastics
Throwing and Catching
Dance
Invasion Games - Attack, Defend and Shoot
Striking & Fielding - Hit, Catch and Run
Athletics - Run, Jump and Throw



Physical Education



Year 5 - biking throughout the year

Net & Wall – Badminton
Invasion Games - Rugby
Invasion Games - Hockey
Dance
Invasion Games - Netball
Gymnastics
Net & Wall - Tennis
Athletics
Striking & Fielding - Cricket/Rounders

EYFS

Spatial Awareness
Gymnastics
Manipulation and coordination
Dance
Circuits
Team Games
Bat & Ball Skills

Daily Mile – Whole School
Commando Joe – Character Education to run throughout, linking to cross-curricular topics.
Orienteering – Whole School linking to cross-curricular topics.

Year 6

Gymnastics
Invasion Games - Hockey
Invasion Games – Rugby
Swimming
Invasion Games - Dodgeball
Net & Wall - Badminton
Striking & Fielding - Cricket
Net & Wall - Tennis
Athletics
Invasion Games - Netball
Striking & Fielding - Rounders