

Year 2

Gymnastics
Team Games (throwing & Catching)
Dance
Athletics
Orienteering
Team Games

Year 3

Invasion Games (Hockey)
Invasion game (basketball)
Dance
Gymnastics
Net/Wall Games (Badminton)
Invasion Games (Netball, Tag rugby)
Athletics
Swimming
Striking and fielding (Rounders)

Year 4

Invasion Games (Hockey)
Gymnastics
Invasion game (Basketball)
Swimming
Skipping
Invasion Game (Rugby)
Net/Wall Game (Badminton)
Athletics
Striking and fielding (rounders)
Net/Wall Game (Tennis)

Year 1

Gymnastics with Apparatus
Throwing and Catching
Dance
Health Related Fitness
Team and ball games
Athletics (Run, Jump, Throw)



Physical Education

Daily Mile - Whole School

Commando Joe - Character Education to run throughout, linking to cross-curricular topics.

Year 5—Cycling to run throughout the year

Gymnastics
Invasion Game (tag rugby & Basketball)
Dance
Net/Wall games
Swimming
Invasion game (Netball)
Athletics
Striking & Fielding (Rounders)

EYFS

Spatial Awareness
Gymnastics
Manipulation and co-ordination
Dance
Circuits
Team Games
Bat & Ball Skills



Autumn, Spring, Summer

Year 6

Invasion Game (Hockey)
Gymnastics
Invasion game (Rugby)
Swimming
Net/Wall game (Badminton)
Invasion game (Dodgeball)
Invasion (Netball)
Athletics
Striking & Fielding (Cricket & Rounders)
Net/Wall game (Tennis)